



Monday 4th November 2024

Dear Parents/Carers,

Following your discussion with *****, we would like to help ***** to understand and regulate *** emotions and to provide strategies to overcome them.

Mrs Daniels (our Emotional Literacy Support Assistant) has had training to help children with these kinds of difficulties and we would like ***** to have some individual 30–45-minute sessions each week with Mrs Daniels. These sessions are fun and might include role-play, puppets, board games, art and crafts and stories. Each session includes time to talk about the difficulties *** is experiencing, and it is hoped *** will begin to understand and be able to manage the feelings *** has about ***** and others, develop high self-esteem and in turn help *** to focus better on *** learning. Attached is some information about ELSA.

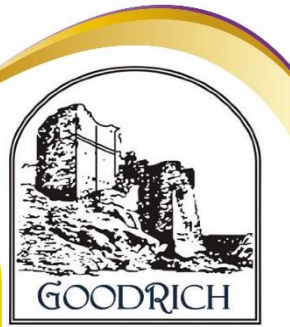
We hope you agree with this support and would therefore ask you to complete the attached reply slip giving your permission to start the sessions. If you have any questions or think there is anything we should be aware of before starting this work, please come and talk to me or Mrs Daniels or leave a message with the school office for one of us to ring you back.

You will also be welcome to arrange a time to come into school and talk with Mrs Daniels and me about the work being done with *****.

Your sincerely

Lisa Taylor (SENCo) and *Lucy Daniels* (ELSA)





PERMISSION SLIP FOR ELSA SUPPORT

Name of child _____

Class _____

I/We give permission for ***** to have ELSA sessions to help her to understand and to be able to manage the feelings *** has about ***** and others, to develop high self-esteem and in turn help *** to focus better on their learning.

Signed by _____

Signature _____

Date _____





Information for Parents/Carers

An ELSA (Emotional Literacy Support Assistant) is a member of staff who is trained to support children in the development of their emotional literacy.

What is emotional literacy?

Understanding and coping with the feelings about ourselves and others.

Developing high self-esteem.

Being emotionally literate helps children focus better on their learning.

Some areas the ELSA may work on;

Recognising emotions.

Self-esteem.

Social skills.

Friendship skills.

Anger management.

Loss and bereavement.

How does the ELSA work?

A regular slot during the school week for 30-45 minutes.

A session can be individual or in small groups and tailored to the child's individual needs.

Sessions are fun and might include role-play, puppets, board games, art and craft and stories.

They include time to talk.

A pupil's progress will be reviewed on a half-termly basis.

As a parent/carer, how can you help?

By informing the class teacher if there are any issues that may be affecting your child.

Please feel welcome to contact your child's teacher or the ELSA if you have any questions.

